



## Bridal & Bridal Showers / Tea Parties

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### Selection of Mini Sandwiches:

- *“California Chicken” (Smoked Chicken, Avocado, Tomato & Sprouts)*
- *Caprese*
- *Curried Egg Salad*
- *Ham, Brie & Apple*
- *Pesto-Chicken*
- *Roasted Vegetable*
- *Turkey, Arugula, Tomato & Cheddar*

### Assorted Scones, Muffins & Pastries

### Selection of Petit-Fours:

*Mini Brownies; Mini Cheesecake; Mini Cookies; Mini Tarts*

### Small Bites:

#### Ahi Tuna Tartare

*Fresh Ahi Tuna marinated w/ Fresh Chives & Spicy Soy Sesame Aioli  
Served in a Sweet Sesame Cup & garnished w/ Fresh Pea Sprouts*

*Baked Brie on Toasted Herb Bread  
Topped w/ Fresh Strawberries & Cream*

#### Basil-Pesto Salmon Skewers

*Bruschetta w/ Grilled Goat Cheese  
Heirloom Tomatoes & Fresh Sweet Basil*



### Endive Spears

*Filled w/ Goat Cheese, Candied Walnuts & Green Apples  
Served w/ a drizzle of Citrus Vinaigrette*

### Farm-Raised Asparagus Spears

*Wrapped in a Puffed Pastry and filled w/ Parmesan Cheese, topped w/  
a drizzle of White Truffle Oil*

### Gazpacho Soup

*Choice of Classic or Green w/ Honeydew & Cucumber  
Served in Espresso Cups*

### Gravlax

*Thin slices of Smoked Salmon rolled and placed  
on a Crunchy Toast Point, Served w/ Crème Fraîche*

### Green Grape Spheres

*Coated in Fresh Goat Cheese and rolled in Roasted Pistachios*

### Marinated Rock Shrimp & Cucumber Slice

*Served on a Toasted Crostini  
garnished w/ Fresh Mint & Key Lime Aioli*

### Mini Maryland-Style Crab Cakes

*Pan-Seared and served w/ a Spicy Aioli Sauce or Tropical Fruit Salsa*

### Seasonal Fresh Fruit Skewers

### Stuffed Cherry Tomatoes

*Stuffed w/ Boursin Cheese and topped w/ Fresh Basil  
& a drizzle of Balsamic Vinaigrette*



## Stuffed Ravioli

*Choice of Lobster or Butternut Squash, served in Brown Butter Sauce*

## Salads:

### Caesar Salad

*Crispy Romaine Lettuce w/ Caesar Dressing, Fresh Parmesan Cheese  
& Croutons (Grilled Chicken or Shrimp Optional)*

### Chinese Chicken Salad

*“Big Helen’s World Famous Recipe”  
(Can also be served in Chinese To-Go Cups w/ Chopsticks)*

### Couscous Salad

*Tomatoes, Feta Cheese, Dried Cranberries, Olives, & Chopped Parsley*

### Garden Salad

*Mixed Greens w/ Tomatoes, Cucumbers, Red Onion, Shaved Carrots,  
Choice of Dressing (Grilled Chicken or Shrimp Optional)*

### Mixed Baby Greens Salad

*Served w/ Strawberries, Goat Cheese, & Candied Walnuts  
Tossed w/ a Raspberry Vinaigrette*

### Pear and Walnut Salad (Seasonal)

*Sliced Pears, Bleu Cheese and Candied Walnuts  
Served over a bed of Bibb Lettuce*