



Salads & Soups

Salads:

Burrata Cheese & Heirloom Tomato Salad
w/ Fresh Basil & Balsamic Reduction

Caesar Salad
*Crispy Romaine Lettuce w/ Caesar Dressing,
Parmesan Cheese & Fresh Croutons
(Grilled Chicken or Shrimp optional)*

Caprese Salad
Buffalo Mozzarella, Basil & Balsamic Vinaigrette

Chinese Chicken Salad
*“Big Helen’s World Famous Recipe”
(Can be served in Chinese To-Go Cups w/ Chopsticks)*

Classic Southern Potato Salad

Couscous Salad
*w/ Tomatoes, Feta Cheese, Dried Cranberries,
Olives & Chopped Parsley*

Cucumber Tomato Salad
*Romaine Lettuce, Heirloom Tomatoes, Cucumbers & Red Onions
Tossed w/ Balsamic Vinaigrette*

Garden Salad
*Mixed Greens w/ Tomatoes, Cucumbers, Red Onion, Shaved
Carrots and Choice of Dressing
(Grilled Chicken or Shrimp optional)*



Mixed Baby Greens Salad
*w/ Strawberries, Goat Cheese, & Candied Walnuts
Tossed w/ a Raspberry Vinaigrette*

Mixed Colored Beets & Burrata Cheese Salad
*Served on a Bed of Arugula Salad
w/ a Drizzle of Balsamic Vinaigrette*

Pear & Walnut Salad (Seasonal)
*Sliced Pears, Bleu Cheese & Candied Walnuts
Served over a bed of Bibb Lettuce*

Seasonal Fresh Fruit Salad

Southwestern Salad
*Mixed Greens, Red Onions, Black Beans, Corn, Cucumbers &
Tomatoes, tossed in a BBQ Ranch Dressing*

Spinach Salad
*Fresh Young Spinach Leaves w/ Gorgonzola, Fresh Croutons
Tossed w/ Honeyed Vinaigrette*

Traditional Southern Cole Slaw

Waldorf Salad
*Mixed Baby Greens, Candied Walnuts, Seedless Grapes,
Green Apples, Celery & Bleu Cheese
"Traditional Waldorf" Dressing or Light Vinaigrette*



Soups n' Chowders:

Butternut Squash Soup

Topped w/ a dollop of Crème Fraîche & Fresh Chives

Country Vegetable

Creamy Corn Chowder

Creamy Tomato Soup

Gazpacho Soup

Choice of Classic or Green Gazpacho w/ Honeydew & Cucumber

Home-style Chicken Noodle Soup